

LEG DAY SHOES

FLEX HALLMAN
RECCOMENDATIONS



**TYR Men's Limited Edition Squat
University L-1 Lifter**

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Vans

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Nike Blazer Mid '77 Vintage

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NOBULL
OUTWORK

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NOTORIOUS LIFTERS GEN

2X

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Converses

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Vitality III - Barefoot Shoes

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Obviously, there's 100 other shoes I could probably name but these are some more common ones I see that are better than wearing running shoes. Even if you don't like any of these you can surely find some very similar that would be more your style!

JOIN THE FLEX PRO APP

**You've got the shoes, now get the workout!
Even the best leg day shoes mean nothing if
your leg workout is subpar. Join the Flex Pro
App and have the best sets of your life that
will lead to even better results.**

USE THE CODE
"LEGDAY" TO GET
YOUR FIRST MONTH
FREE! - LAST 24
HOURS



SCAN ME